

# ABOUT US

Good Dads is committed to supporting community development through father engagement.

Our mission is to inspire, resource and encourage all fathers to be more involved in the lives of their children.

We believe every child benefits from an engaged father, so we employ multiple strategies to reach, support and engage dads, including:

- Fatherhood classes
- Relationships classes
- Good Dads Strong Schools
- Weekly podcast, blog and newsletter
- Good Dads chapters
- Networking events
- Community events
- Business partnerships and HR benefits
- Resource and train groups to serve fathers
- And so much more!



"Helping Kids and Communities  
One Dad at a Time"

501 (c)(3) Nonprofit | EIN 47-4457647

205 West Walnut Street, Suite 10  
Springfield, MO 65806  
417-501-8867

# FUNDAMENTALS OF FATHERHOOD



**The Essential  
Good Dads  
Playbook**

In many ways, a coach is to his players what a dad is to his family.



# IN EACH MODULE

- 1 Pre-Game Warm-Up
- 2 Values for the Season
- 3 Labels & Manhood
- 4 Fatherhood Hurdles
- 5 Impacting Your Kids
- 6 Building Self-Confidence
- 7 Conflict Resolution
- 8 Fatherhood Networks

The winning habits good coaches employ are many of the same strategies that good dads use to lead healthy, happy families. *Fundamentals of Fatherhood* is the perfect way for dads, stepdads, grandfathers and father-figures to become more engaged with their children. Using familiar language and relatable examples common to any sports lover, this essential Good Dads playbook helps dads of all backgrounds forge a connection with their families and become the best men they can be for the ones who matter most.

## The 8-part course includes:

- A fusion of engaging, facilitator-led discussion topics and educational, impactful activities
- Thought-provoking questions on big issues like healthy masculinity, discipline and managing one's emotions
- Multimedia expert testimonials from professional coaches chiefly relevant to twenty-first century fathers and father-figures.

## Facilitator Kit includes:

- 1 Facilitator Manual
- 1 set of 8 modules
- 1 USB drive with 8 Coaching Clips

See purchasing options at [gooddads.com](http://gooddads.com)